Stanford Children's Health

Patient Name/Date of Birth: _____

Well Child Check: 8 year visit questionnaire

Interval History:

Has your child had any major illnesses, ER or Urgent Care trips since your last appointment in the office?	No	Yes	
Has your child had any reactions to vaccinations in the past?	No	Yes	

School/Activities:

What grade level is your child in school? _____

What activities does your child participate in (music/arts/sports/other)? _____

_____

Vision/Hearing and Development:

Do you have concerns about how your child sees?	No	Yes	
Has your child ever failed a school vision screening test?	No	Yes	
Do you have concerns about how your child hears or speaks?	No	Yes	
Does your child have good hand-eye coordination?	Yes	No	
Do you have any concerns about your child's interaction with peers at school?	No	Yes	
Does your child play cooperatively with other children?	Yes	No	
Is your child doing grade-level work at school?	Yes	No	
Does your child read for pleasure?	Yes	No	
Does your child help with chores around the house?	Yes	No	

Dental Health:

Does your child have a dentist?	Yes	No	
Does your child's primary water source contain fluoride?	Yes	No	Unsure
If no, do you give your child a fluoride supplement?	Yes	No	N/A
Does your child brush and floss her/his teeth daily?	Yes	No	

Staying Healthy/Safety/ Tobacco Exposure:

Does your child watch TV, play video games, or use a computer, tablet or smart phone more than 2 hours per day?	No	Yes	
Is there a television or computer in your child's bedroom?	No	Yes	
Do you monitor your child's television and internet use?	Yes	No	
Does your home have a working smoke detector?	Yes	No	

Have you turned your water temperature down to low-warm (less than 120 degrees)?	Yes	No	N/A
Does your home have the number of the Poison Control Center (800-222-1222) posted by your phone?	Yes	No	
Does your child know how to use 911 in an emergency?	Yes	No	
Do you always place your child in a booster seat in the back seat (or use a seat belt if your child is over 4' 9")?	Yes	No	
Does your child spend time near water (a swimming pool, river or lake)?	No	Yes	
If so, is your child always safely supervised; and also able to swim?	Yes	No	N/A
Do you use sunscreen when your child is outdoors?	Yes	No	
Does your child spend time in a home where a gun is kept?	No	Yes	Skip
If so, are all guns safely stored in a gun safe or locked with ammunition separate from gun?	Yes	No	N/A
Does your child spend time with anyone who carries a gun, knife, or other weapon?	No	Yes	Skip
If so, is the weapon safely stored and inaccessible to your child?	Yes	No	N/A
Have you discussed stranger awareness with your child?	Yes	No	
Does your child wear a helmet when riding a bike, skateboard or scooter?	Yes	No	
Has your child ever witnessed or been a victim of abuse or violence?	No	Yes	
Has your child been hit, or hit someone in the past year?	No	Yes	
Has your child ever been bullied or felt unsafe at school or in your neighborhood? (or been cyber-bullied?)	No	Yes	
Does your child often seem sad or depressed?	No	Yes	
Do you have concerns about your child's relationship with parents or siblings?	No	Yes	
Do you have concerns about how to discipline/set appropriate limits for your child?	No	Yes	
Does your child spend time with anyone who smokes?	No	Yes	

Tuberculosis Screening:

Has a family member or contact had tuberculosis or a positive tuberculin skin test (PPD)?	No	Yes	Unsure
Was your child born in a high risk country (countries ***other than*** the US, Canada, Australia, New Zealand or Western Europe?	No	Yes	

Has your child traveled to (***or*** had contact with people who live in a high risk country) for more than one week? (Countries ***other than*** the US, Canada, Australia, New Zealand or Western Europe): No Yes

Risk Assessment for Abnormal Lipid Profile (such as high cholesterol):

Did any of your child's parents or grandparents have significant heart disease at or before 55 years of age (heart attack, stroke, angioplasty, angina or bypass surgery)? No Yes

Do either of the child's parents have a cholesterol of 240 or higher? No Yes

Sleep:

How many hours does your child sleep at night? ____ hours

Are you satisfied with your child's sleep? Yes No

Does your child snore on a regular basis? No Yes

Nutrition/Physical Activity:

What type of milk do you give your child? (circle one) [Whole] [2%] [Nonfat] [Other] [None]

How many ounces of milk does your child drink per day? ____ oz

How much juice does your child drink in 24 hours? ____ oz

Is your child eating fruits and vegetables at least two times per day? Yes No

Does your child drink or eat 3 servings of calcium-rich foods daily, such as milk, soy milk, cheese, yogurt, or tofu? Yes No

Does your child eat high fat foods such as fried foods, chips, ice cream or pizza more than once per week? No Yes

Does your child drink soda, sports drinks, energy drinks or other sweetened drinks more than once per week? No Yes

Does your child eat iron rich foods (such as meat, eggs, iron-fortified cereals or beans)? Yes No

Does your child eat a strict vegetarian diet? No Yes

If your child is a vegetarian, does he/she take an iron supplement? Yes No

Does your child exercise or play sports most days of the week? Yes No

Do you have any concerns about your child's weight or diet? No Yes

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Elimination:

Does your child have bowel movements on a regular basis with

a normal (soft) consistency? Yes No

Please list any medications or supplements your child is taking: _____

_____

Who lives in the home with your child? _____

Please list any new major family medical issues: _____

_____

Please list any known allergies to medicines:_____

Please list any known food allergies: _____

Do you have any concerns about your child's development, or any other concern you would like to discuss with your provider?

_____

Signature: _____ Date: _____

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
☐ Nutrition	☐	☐	☐	☐	
☐ Safety	☐	☐	☐	☐	
☐ Tobacco Exposure	☐	☐	☐	☐	
☐ Physical Activity	☐	☐	☐	☐	
☐ Dental Health	☐	☐	☐	☐	☐ **Patient Declined the SHA**
PCP's Signature		Print Name:			Date:

Ver.5-1-15